Social Freezing – the modern family planning

Since family planning seems to be shifted into a later decade and fertility declines with age, the possibility of oocyte collection and freezing is an upcoming issue. Before performing social freezing a careful instruction should be preceded – the side effects of controlled ovarian hyperstimulation and of oocyte retrieval should be discussed, the costs and the influence of age – and most important the realistic chances of pregnancy should be clarified. The data of the donor egg program show a realistic pregnancy rate with more than 30 frozen and thawed oocytes, which means that the procedure of social freezing needs to be performed several times and best in younger aged women. In this lecture I want to point out the advantages and the disadvantages of social freezing.

CV

UNIVERSITY
1996 – 1998 University of Göttingen, Germany
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SPECIALIZATION FOR GYN. ENDOCRINOLOGY AND REPRODUCTION
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DOCTORAL THESES
2002: hormonal inactive pituitary adenomas

HABILITATION
2012: special herausforderungen with breast cancer

RESEARCH
Fertility preservation
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